



Trouble
Sleeping?



Southern Maryland A.W.A.K.E. Meeting

(Alert, Well And Keeping Energetic)

A Health Awareness

(Sponsored by [America's HealthCare at Home](#))

This is a free, open to the public, support group for patients, friends, family, and anyone else interested.

Free admission and parking, refreshments will be served.

**Thursday, June 30th
5:30 – 6:30**

**110 Hospital Rd Ste 310
(Conference Room)
Prince Frederick, MD 20678**

Refreshments will be served.

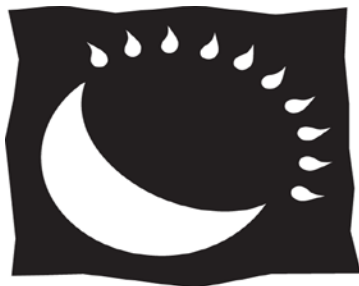
**Please RSVP- limited seating
Call Laura @ 301-672-4138**

Topic for Discussion:

The Pathology of OSA

by Kim Goring FAASM

Please check our website: www.Ahcah.com
for future meeting dates and upcoming
speakers.



American
Sleep Apnea
Association